

"STEPPING INTO THE SHOES OF SENIORS AT BAKERVIEW" ACTIVITY



Created by the UBC Climate Action Mobilizers





Objectives

- ✓ To understand the importance of consulting with seniors when designing an ideal park
- ✓ To anticipate and predict the needs of park users from a first-person perspective of seniors within different age groups
- ✓ To understand that different age groups have varying needs and health conditions

Activity Overview

- You will step into the shoes of seniors by **reading** about the profiles of 2 seniors then **drawing** your changes to Bakerview Park to make it an improved space for each senior.

- This activity can be done **individually**, in **pairs**, or in groups of **3-5**.
- To complete the activity, you will need the following:

- Pen or pencil 
- 15-20 minutes 



- Complete the map legend for one senior, and win a **UBC CCEL Pen & Notebook Set!**
- Complete the map legends for both seniors, and also win a **UBC CCEL Water Bottle!**
- Due Date:** Tuesday June 27th at 5:00 pm (before Workshop #2)

Name(s): _____

Date: _____



PROFILE #1



Name: Joe

Age: 65

Gender: Man

Occupation: Retired high school teacher

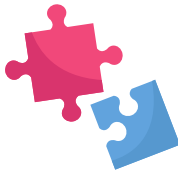
Hobbies: • Reading



• Gardening with his spouse



• Solving puzzles



• Playing with his grandchildren



Physical Health:

- Able to walk, but walks slowly with a slight limp from a previous hip surgery
- Wears glasses for reading
- Sweats easily, prone to dehydration

Mental Health:

- Good cognitive abilities (memory, learning)
- Feels lonely as a new retiree

PROFILE #2



Name: Lucy

Age: 85

Gender: Woman

Occupation: Retired accountant

Hobbies: • Music (singing, listening)



• Yoga with her daughter



• Birdwatching



• Embroidery



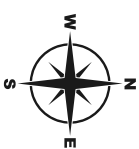
Physical Health:

- Enjoys upper body exercise
- Depends on wheelchair for mobility, but able to transfer out of wheelchair
- Trouble seeing in the dark
- Tendency to overheat

Mental Health:

- May occasionally forget small details or names
- Decreased mood during the winter

 **Based on each profile, draw your changes to Bakerview Park to design it as a more enjoyable space for both Joe and Lucy. Add labels and icons to the legend.**



Name(s):

Date:

Legend (based on Joe's profile)

e.g.  community garden

Legend (based on Lucy's profile)

e.g.  live concert

e.g.  ramps
